

YOUR

# Cystic Fibrosis Care Team

## CONVERSATION GUIDE

To get the most out of your loved one's cystic fibrosis (CF) care center visits, choose the profile below that resonates with your loved one's situation the most. Then you'll be on your way to creating a customized conversation guide to use with your healthcare team, who is your primary source for CF information.

[CHOOSE YOUR PROFILE](#)

**My loved one was recently diagnosed and I'm new to CF care center visits.**

[GET STARTED](#)

**My loved one and I are still getting familiar with CF care center visits.**

[GET STARTED](#)

**At this point, my loved one's CF care center visits are routine.**

[GET STARTED](#)

## Appointment Information

Type or write your information into the fields below to keep track of your upcoming appointment.

I'm new to CF  
care center visits.



Date:

 /  / 

Doctor's Name:

Current Medicines:

## Questions for the Care Team

- What can I keep in mind before each visit?
- What are the roles and responsibilities of your loved one's CF care team?
- What tests will be done routinely at each visit (eg, blood tests, spirometry, throat cultures)?
- What does each test result mean?
- What does CF disease progression look and feel like?
- What can I look for or pay attention to between visits?
- Discuss creating your loved one's treatment plan

### Tip!

Before you jump into the main aspects of your appointment, like treatment plans and test results, take a few moments to talk about how your loved one is doing.

I want to ask the care team:

My most important question is:

## Appointment Information

Type or write your information into the fields below to keep track of your upcoming appointment.

Date:

 /  / 

**I'm still getting familiar with CF care center visits.**



## Questions for the Care Team

- What does each test result mean?
- What does CF disease progression look and feel like?
- How has treatment been going?
- What can I look for or pay attention to between visits?
- What are some ways to involve your loved one in their own care?

### Tip!

Write down a list of topics you want to cover, such as any changes in your loved one's weight, their sleep schedule, and their treatment plan.

**I want to ask the care team:**

**My most important question is:**

## Appointment Information

Type or write your information into the fields below to keep track of your upcoming appointment.

Date:

 /  / 

**My CF care center visits are routine.**



## Questions for the Care Team

- What does each test result mean?
- What does CF disease progression look and feel like?
- What are ways to better integrate treatments into day-to-day activities?
- Are there any new advancements in treatments?
- What options are available if insurance doesn't cover certain specialist visits or treatments?
- Are there any financial assistance programs that help cover the cost of treatments?

### Tip!

It's not all physical — make sure to take a few moments to ask your loved one how they have been feeling emotionally so you can discuss this with their doctor. Whatever has been going on, your care team will want to know.

**I want to ask the care team:**

**My most important question is:**